

## Travel Tips

# EPIC ICELAND - MIDNIGHT SUMMER IN THE LAND OF FIRE & ICE

## **ENTRY REQUIREMENTS**

\*\*Please check your own country's international travel advice as well as the airline requirements before travel.\*\*

UK guests: Visit the UK Government Foreign Office website for the latest travel advice for Iceland - https://www.gov.uk/foreign-travel-advice/iceland

## **PASSPORTS**

Your passport should be valid for at least 6 months beyond the period of stay. It is advised to have 1 blank page in your passport. Please be sure to fill out the "Emergency Next of Kin" section in your passport

#### VISAS

- UK, US, Canadian, and most EU citizens do not need a visa for short visits (up to 90 days within a 180-day period) to Iceland, which is part of the Schengen Area.
- If you plan to stay longer or for non-tourism purposes, check with the Icelandic Directorate of Immigration: https://utl.is

Note: Visa and entry requirements, regulations, and restrictions can change. Ensure you check the current requirements well in advance of travel.

It is your responsibility to ensure you have the necessary travel documentation prior to departure.

## TRAVEL INSURANCE

All passengers must have valid travel insurance before traveling, including health and cancellation insurance. Please ensure you have a copy of your insurer's 24-hour emergency telephone number and your policy number.

#### MEDICAL CONDITIONS & PERSONAL MEDICATION

Please advise us before travel if you have any medical conditions requiring special attention during your trip. If you have a specific medical condition, it is wise to carry the relevant doctor's prescription with you.

# TRAVELLING WITH CPAP OR OTHER MEDICAL DEVICES

If you require CPAP or similar medical equipment, please notify The Big Journey Company at the time of booking. If distilled or ionised water is required, please let us know in advance so that our ground agents can prepare. Additional charges may apply.

## **LUGGAGE**

# What to Pack and Wear:

The weather in Iceland can be unpredictable—be prepared for sunshine, rain, and wind all in one day. We recommend:

- Warm, waterproof layers
- Sturdy walking shoes or boots
- A hat and gloves, even in summer
- Smart casual attire for evening meals if desired
- Don't forget your camera, charger, spare batteries, and memory cards

## Luggage Allowances:

Airlines have strict policies on luggage size and weight. Please check your airline's website before departure. Domestic and European flights often allow less than long-haul routes.







#### LANGUAGE

The official language is Icelandic, but English is widely spoken, especially in tourist areas.

#### WEATHER

Iceland's weather is highly changeable. Average summer temperatures (June–August) are  $10-15^{\circ}$ C ( $50-59^{\circ}$ F), though they can reach up to  $20^{\circ}$ C ( $68^{\circ}$ F). Wind and rain are common. Layered clothing and waterproof outerwear are essential. Always check the local weather before your trip: https://en.vedur.is

## **ELECTRICITY**

Iceland operates on a 230V / 50Hz electrical supply. Plug types C and F are used (two round pins). A plug adapter may be required depending on your home country's configuration.?

## COMMUNICATION

Mobile coverage is excellent across Iceland, including rural areas. Roaming fees can be high, so check with your provider or consider a local SIM card or international data plan.?

#### MONEY

### Currency:

Iceland's currency is the Icelandic Króna (ISK). Credit and debit cards are widely accepted, even for small purchases. ATMs are readily available in towns and cities.

It is recommended to inform your bank before you travel and carry international contact numbers for your card provider in case of issues.

#### Gratuities:

After feedback from previous guests, we offer a group tipping package for this tour, more information on this will be shared in the 'Pre-Tour Emails'.

#### WATER

Iceland's tap water is among the cleanest in the world and is safe to drink. Bottled water is widely available, but not necessary in most locations.

## **SAFETY & SECURITY**

Iceland is one of the safest countries in the world. Crime is low, but tourists should still take normal precautions such as securing valuables and being aware of surroundings, especially in busy areas.

## **RELIGION**

Iceland is a predominantly Lutheran Christian country. Religion plays a modest role in daily life, and religious tolerance is high.

### **PHOTOGRAPHY**

Iceland offers world-class photo opportunities: waterfalls, glaciers, geysers, and the Northern Lights.

- Pack your camera, charger, spare batteries, and memory card
- Drones are restricted in some areas—check local signage or regulations
- Always respect nature and wildlife, and follow safety signs near cliffs or geothermal areas

# ARRIVAL IN ICELAND

Please note, standard hotel check-in is around 3pm. If arriving earlier than this, your room may not be available upon arrival. For those arriving early morning, we do everything we can to work with the hotel to get you an earlier check-in subject to availability.

For further questions, contact us at: info@thebigjourneycompany.com







Disclaimer: The above information is provided as a guideline only. The Big Journey Company assumes no liability for any errors or omissions in this document.

Updated Sep 2025



